

BA: Psychology - Four Year Academic Roadmap

Year 1 — 30 Units

Fall Freshman

Course Area	Course Number	Course Title	Units	Notes	Requirements Met	GE Categories
Psychology	PSY 100	Introduction to Psychology	3		Major & GE	D
Psychology/Mathematics	MATH/PSY 202	Biostatistics	3		Major & GE	B4
General Education	ENGL 102 or ENGL 105	Strategies of Successful College Writers or Composition & Rhetoric	3		GE	E (ENGL 102)A2 (ENGL 105)
General Education	Student Choice	Oral Communication	3		GE	A1
General Education	Student Choice	Arts, Cinema, Dance, Music, Theatre	3		GE	C1

Total Units: 15

Milestones:

- Complete GE Area A
- Complete GE Area B course in Statistics (Math/Psy 202: Biostatistics)
- Attend Major Fair

Spring Freshman

Course Area	Course Number	Course Title	Units	Notes	Requirements Met	GE Categories
General Education or Free Elective	ENGL 105 or Student Choice	Composition & Rhetoric or Student Choice	3		GE	A2
General Education	Student Choice	Student Choice	3		GE	B1 or B2
General Education	Student Choice	Critical Thinking	3		GE	A3
General Education	Student Choice	Student Choice	3	Consider choosing language to double count requirement.	GE and Language Requirement	C2
American Institutions	POLS 150	American Political Institutions	3		GE and University Requirement	D

Total Units: 15

Milestones:

- Form a study group and work on developing effective study skills
Top 10 Study Skills

Year 2 — 32 Units

Fall Sophomore

Course Area	Course Number	Course Title	Units	Notes	Requirements Met	GE Categories
Psychology	PSY 213	Developmental Psychology	3		Major & GE	E
General Education	Student Choice	Student Choice	3		GE	C1 or C2
General Education	Student Choice	Student Choice	4	Choose course with lab	GE	B2/ B3 or B1/ B3
General Education	Student Choice	Student Choice	3		GE	F
General Education	Student Choice	Student Choice	3			

Total Units: 16

Milestones:

- N/A

Spring Sophomore

Course Area	Course Number	Course Title	Units	Notes	Requirements Met	GE Categories
American Institutions	Student Choice	U.S. History	3		American Institutions Requirement and University Requirement	
Psychology or Free Elective	PSY 300 pr Student Choice	Psychological Research and Statistical Methods I or Student Choice	3-4	Students who earned a grade of A or B in MATH/PSY 202 should take PSY 300 now. We recommend others to wait until Year 3 Fall.	Major, Free Elective, GEAR	
Psychology or Free Elective	PSY 317 or Student Choice	Theories of Personality or Student Choice	3	If you are ready to take an Upper Division course & meet prerequisites take PSY 317.	Major & Free Elective	
Free Elective	Student Choice	Student Choice	3		Elective	
Free Elective	Student Choice	Student Choice	3		Elective	

Total Units: 16

Milestones:

- Take PSY 300: Psychological Research and Statistical Methods I during Spring semester & PSY 301: PS
- Explore the Psychology Club and other student organizations
- Consider an international experience course or Study Abroad.

Year 3 — 32 Units

Fall Junior

Course Area	Course Number	Course Title	Units	Notes	Requirements Met	GE Categories
Psychology	PSY 300 or PSY 301	Psychological Research and Statistical Methods I or II	4	Students who took PSY 300 in Year 2 Spring should take PSY 301 now.	Major, Graduation requirement, GWAR	
Psychology	PSY 310	History and Systems of Psychology	3		Major	
Psychology	PSY 313	Clinical and Abnormal Psychology	3		Major	
Psychology	Major Elective	Upper Division	3	Recommend choosing from: PSY 337, 340, 344, 346, 436, 445 to double count with UDGE-D	Major Elective and Upper Division GE	UD GE -D (Social Sciences)
General Education	Student Choice	Upper Division	3		GE	

Total Units: 16

Milestones:

- Start taking GE Upper Division requirements
- Complete Psy 300: Psychological Research and Statistical Methods I during Fall semester and PSY 301 during Spring semester
- Avoid taking more than one 4-unit course per semester, if possible.
- Meet with a Psychology Program Advisor to discuss requirement and career options.
- Consider taking a PSY 490 Special Topics course to explore unique areas in Psychology. Example topics include: Forensic Psychology, Health Psychology, and Industrial/Organizational Psychology.
- Get to know the Psychology faculty and their research areas so you can join in their research after finishing your degree.
- Explore internship opportunities. You may receive course credit through PSY 492.

Spring Junior

Course Area	Course Number	Course Title	Units	Notes	Requirements Met	GE Categories
Psychology	PSY 301	Psychological Research & Statistical Methods II	4		Major	
Psychology	PSY 317	Theories of Personality	3		Major	
Psychology	Major Elective	Upper Division	3	Student Choice	Major Elective	
General Education	Student Choice	Arts & Humanities	3	Recommend PSY 338 to double count with UDGE-C	Upper Division GE (& Major Elective with PSY 338)	UD GE -C
Free Elective	Student Choice	Upper Division	3		Free Elective	

Total Units: 16

Milestones:

- Avoid taking more than one 4-unit course per semester, if possible.
- Present your PSY 301 project at the annual Psychology Program Poster Session.
- Research career options and graduate school options
- If graduate school is an option, make a list of possible programs and application deadlines.
- Study for the GRE and take the GRE during the summer if it is required for graduate school application.
- Discuss independent study research opportunities with Psychology faculty.

Year 4 — 27 Units

Fall Senior

Course Area	Course Number	Course Title	Units	Notes	Requirements Met	GE Categories
Psychology	PSY 312	Social Psychology	3		Major	
Psychology	PSY 314	Behavioral Neuroscience	4		Major	
Psychology	Major Elective	Upper Division	3	Student Choice	Major Elective	
General Education	Student Choice	Scientific Inquiry & Quantitative Reasoning	3		Upper Division GE	UD GE -B
Free Elective	Student Choice	Upper Division	2		Free Elective	

Total Units: 15

Milestones:

- Consider completing an internship or participating in a faculty-led research project
- Consider taking a special topics course to explore unique areas of Psychology
- Attend Grad Fest
- Complete a graduation check with an Academic Advisor

Spring Senior

Course Area	Course Number	Course Title	Units	Notes	Requirements Met	GE Categories
Psychology	PSY 318	Learning, Cognition and Perception	4		Major	
Psychology	Major Elective	Upper Division	3	Student Choice	Major Elective	
Free Elective	Student Choice	Upper Division	3		Free Elective	
Free Elective	Student Choice	Upper Division	2		Free Elective	

Total Units: 12

Milestones:

- Consider completing an internship or participating in a faculty-led research project
- Consider taking a special topics course to explore unique areas of Psychology
- Attend Grad Fest
- Complete a graduation check with an Academic Advisor