Spring 2023

Psychology Program Newsletter

Bi-annual newsletter of the Psychology Program at CSUCI

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Message from the Chair

Hello everyone,

Welcome to the Spring 2023 edition of our department newsletter! Psychology students, faculty, and staff have been busy this semester and doing amazing work. In this newsletter, we feature current research and celebrate our recent awards and accomplishments. We also welcome a new addition to the Psychology department, Ms. Ivy McKinley, who serves as a Program Analyst and has been working hard to keep the department running.

For graduating seniors, hats off to the Class of 2023! Congratulations! I am so very proud of you all. Remember to stay in touch with us as you embark on a new journey.

For those students who will be returning to campus in Fall 2023, I look forward to reconnecting with you.

I wish you a wonderful summer. Until next time . . .

Sincerely,
Kimmy Kee-Rose, Ph.D.
Professor and Chair, Psychology Program

What's new in the Psychology Program?

MA in Psychology Program Forthcoming
Professors of Psychology have been working rigorously on producing the MA in Psychology program here at CI! You can read more about it here.

Psychology Honors
Congratulations to John Duran and Spooner Greenbird (pictured left), who have been nominated by faculty as this year's recipients for Psychology Program Honors!

Graduate school admissions
Congratulations to CI students who will be attending graduate school in the fall! This year, CI students received offers from a variety of competitive master's and doctoral programs regionally and nationally. We look forward to seeing which programs students will decide to join!

Spring 2023 - Upcoming Dates & Deadlines

May 12, 2023: Last day of classes before exams

May 13 - May 19, 2023: Final exam week

May 26, 2023: Instructors' grades due

CI Alum Returns as Support Staff for the Psychology Program

By Ivy McKinley

As a CI alum, it has only felt natural coming back. I transferred here during the pandemic, which was quite possibly the worst time to acclimate to university standards. Fortunately, Dr. Kimmy Kee-Rose invited me to join the first cohort of the Transfer Learning Community (TLC). TLC granted me opportunities for learning, research experience, and networking that I never would have accomplished on my own volition!

But let me tell you, coming back as a staff member was jarring at first. To put this into context, I now work with professors I took classes from! And, something I did not mentally prepare for was calling them by their first name! I am still not used to that. However, professors I previously perceived to be intimidating turned out to be harmless.

Despite this social learning curve, it has been an honor and privilege to work alongside extremely creative, intelligent, and thoughtful minds. Returning to an academic environment has rejuvenated and inspired me to never stop learning. Yes, I still try to participate in campus events and panels when I have the chance!

I would like to thank the Chair of Psychology, Dr. Kee-Rose, as well as the faculty of Psychology, and everyone the Dean's office for welcoming me with open arms and eager smiles! I truly believe that my quality education at CSUCI has prepared me for my job today.

Are you interested in taking classes from CI alum?

This fall, Dr. Ryan Stokes will be teaching PSY 300, 301, and 314 online.

Dr. Lauren Stokes also graduated from CI and will be teaching PSY 300 online this fall.

Dr. Roberto Bueno is another CI alum and will be teaching PSY 490 this summer (see page 4 for more information).

Lastly, CI alum Dr. Peter Krause will be teaching PSY 318 this fall.

Summer 2023 Class Options

Interested in getting ahead? Consider taking a summer class to help progress towards your graduation requirements. Summer classes are 5 weeks long and offered the first half of summer (session A) or second half of summer (session B). Classes will be offered in a variety of formats, including in-person, online / synchronous and online / asynchronous. Check with financial aid to see if you qualify for using financial aid for summer classes. You may access the full schedule <u>here</u>. Note, course offerings are subject to change.

- **PSY 301 - Psych Research & Stats Methods II**
- **PSY 310 - History & Systems of Psychology**
- **PSY 312 - Social Psychology**
- **PSY 313 - Clinical & Abnormal Psychology**
- **PSY 314 - Behavioral Neuroscience**
- **PSY 315 - Child Psychopathology**
- **PSY 317 - Theories of Personality**
- **PSY 318 - Learning, Cognition, & Perception**
- **PSY 340 - History & Psych of Nazi Germany**
- **PSY 344 - Psych and Traditional Asian Thought**
- **PSY 370 - Fundamentals of Counseling Theory**
- **PSY 445 - Adolescent Development**
- **PSY 490 - Topics in Psychology: Industrial & Organizational Psychology**

New Course Offering!

PSY 490 Topics in Psychology: Industrial & Organizational Psychology

Are you interested in understanding how people behave in organizations? Do you want to learn strategies for effective communication and leadership in the workplace? Look no further than our class in organizational psychology! This course will equip you with the skills and knowledge to succeed in any organizational setting. From team dynamics to conflict resolution, you will gain a comprehensive understanding of human behavior in the workplace. Do not miss this opportunity to enhance your career prospects and personal growth. Register for our summer class in organizational psychology today!

This summer course is open to all students! Please email Dr. Roberto Bueno (Roberto.bueno909@csuci.edu) for any questions and/or a permission code to enroll.

Summer 2023: Upcoming Dates & Deadlines
May 29th: Registration ends for Sum. Sess. A
May 30th - July 5th: Summer Session A
July 9th: Registration ends for Sum. Sess. B
July 10th - August 11th: Summer Session B

Fall 2023 Electives

The following are Fall 2023 elective offerings. Classes will continue to be offered in various modalities, including in-person, online, or hybrid format. Consider taking elective courses that will allow you to explore your interests, hone your skills, clarify your career goals, or take whichever you think you will enjoy! You may access the full schedule <u>here</u>. Note: all courses are subject to change.

- **PSY 220 - Human Sexual Behavior**
- **PSY 300 - Psych Research & Stats Methods I**
- **PSY 301 - Psych Research & Stats Methods II**
- **PSY 310 - History & Systems of Psychology**
- **PSY 312 - Social Psychology**
- **PSY 315 - Child Psychopathology**
- **PSY 327 - Parenting**
- **PSY 329 - Animal Behavior**
- **PSY 333 - Testing & Measurement**
- **PSY 346 - Human Motivation**
- **PSY 370 - Fundamentals of Counseling Theory**
- **PSY 411 - Navigating Careers in Psychology**
- **PSY 423 - Psychology of Stress & Coping**
- **PSY 436 - Psychology and History of East Asian**
- **PSY 445 - Adolescent Development**
- **PSY 457 - Criminal Behavior**
- **PSY 460 - Addiction Studies**
- **PSY 490 - Topics in Psychology: Infant & Child Development**
- **PSY 492 - Internship or Service Learning**
- **PSY 494 - Independent Research in Psychology**
- **PSY 497 - Directed Study in Psychology**

PSY 411 - Navigating Careers in Psychology

Are you interested in learning about the careers that a Psychology degree has to offer you?

In this course, you will learn how to succeed in a Psychology program and explore potential careers available in the field. You will also learn about finding and applying to graduate schools and jobs, and how to effectively manage a CV and write meaningful and directed personal statements.

PSY 490.01
TOPICS IN PSYCHOLOGY

New course offering!

INFANT AND CHILD DEVELOPMENT

FALL 2023

COURSE DESCRIPTION

This course covers human development from infancy through late childhood, including the major developmental processes and milestones across this period. The process of development is influenced by various biological, cognitive, social, and cultural factors, and the interplay between these sources. The course will evaluate major theories and methods of developmental science from various perspectives, and discuss real-life applications.

Format: Online & Asynchronous

Email Dr. Argero Zerr for more info or add code argero.zerr@csuci.edu

FALL 2023: IMPORTANT DATES & DEADLINES

April 24, 2023: Continuing Student Priority Registration

April 19-28, 2023: Registration begins for Fall semester

August 19, 2023: Fall Classes Begin

September 8, 2023: Last Day to Add/Drop a Class

View Fall 2023 Course Offerings here!

Student & Faculty Research Accomplishments

We have many students and faculty who are presenting at regional and national conferences this year. We recently had CI faculty and alumni present at the International Convention for Psychological Science (ICPS) in Brussels, Belgium. In April, we will have students presenting at the National Conference for Undergraduate Research (NCUR) in Eau Claire, Wisconsin. We also have students presenting at the Social Science Student Symposium, which will take place at CSUCI this year. Check out some of the presentations below!

National Conference for Undergraduate Research (NCUR)

- **Mortality Salience and Political Attitudes: The Implications on Queer Politics and the LGBTQIA+** by Celine Garcia & Melissa Soenke
- **The Role of COVID-19 in Anti-Asian Prejudice** by Catherine Perez & Melissa Soenke
- **An Application of Mortality Salience to Self-Esteem and Exercise** by Kelly Wetzel & Melissa Soenke
- **Behind the Scenes of Dark Triad Traits: A Study of Neurocognition and Emotional Processing** by John Duran, Dylan Vega, & Kimmy Kee

International Convention for Psychological Science (ICPS)

- **Grateful to Whom? Differences in Gratitude Between the Religious and Non-religious** by Melissa Soenke
- **Service Learning for Teaching Psychological Research on Stress and Coping** by Melissa Soenke
- **Do Cognition and Emotion Matter? A Study of COVID-19 Vaccination Decision-Making in College Students** by Kimmy Kee, Nien-Tsu Nancy Chen, HyeSun Lee, & Bianca Villalobos

48th Annual CSU, SSRIC Social Science Student Symposium

This year's CSU SSRIC Social Science Student Symposium (S4) will be held in-person at CSU, Channel Islands. The atmosphere of the S4 is very relaxed, and the emphasis is on meeting and sharing with other CSU students with similar interests. The S4 is a free 'student only' conference that allows CSU students to present research in a supportive environment!

CSUCI students recently appeared before Oxnard City Council with research about the future of the Oxnard Performing Arts Center - read about it here!

Psychology Students present at the CI Student Research Conference

We also have students presenting at the CSUCI Student Research Conference on **Saturday, May 6th**. We encourage everyone to attend this special event. Check out some of the student research presentations below!

- **The Effect of Menstrual Cycle Phase on Multitasking, Processing Speed and Verbal Reasoning** by Belem Navarro, Irene Jordan, Jesenia Quintana, Susan Beers, & Barbara Thayer

- **The Effect of Stress on Multitasking, Processing Speed and Verbal Reasoning** by Kacie Chatfield, Katherine Carroll, Susan Beers, & Barbara Thayer

- **The Relationship Between Locus of Control, Social Support and Cigarette Use** by Hunter Burdon & Argero Zerr

- **How Parent's Style and Value of Interdependence Relate to Acculturation in the United States** by Amanda Clarke & Argero Zerr

- **The relationship between different parenting styles and their attitudes towards psychological services for their children** by Viviana Solorio & Argero Zerr

- **Ethnic Differences in Use of Health Services** by Amber Termunde & Argero Zerr

15th Annual CSUCI Student Research Conference
Saturday, May 6th, 2023

Registration for the event is free, and open between April 12th and April 23rd.

Poster presentations will be in the Grand Salon, and Oral Presentations will be in Del Norte.

https://www.csuci.edu/src/

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STUDENT RESEARCH CONFERENCE
CSU CHANNEL ISLANDS

CI at the WPA Convention

WESTERN PSYCHOLOGICAL ASSOCIATION

Over 40 students, faculty and alumni are representing CI at the 102nd annual convention for the Western Psychological Association (WPA) in Riverside, CA. Check out some of the presentations below!

Animal Psychology
- **Vocal Functional Flexibility in a Non-human, Vocal Learning Animal** by Francisco Magdaleno

Clinical Psychology
- **Behind the Scenes of Dark Triad Traits: A Study of Neurocognition and Emotional Processing** by Dylan Vega, John Duran, Melissa Lang, and Kimmy Kee

Cognitive & Biological Psychology
- **Multitasking and Working Memory Differences Between Bilingual and Monolingual Speakers** by Paige Travis, Katherine Rollins, & Susan Beers
- **The Roles of Estrogen and Cortisol in Multitasking, Processing Speed and Verbal Reasoning** by Madison Stangeby, Kacie Chatfield, Daisy Marin, Susan Beers, & Barbara Thayer
- **The Role of Estrogen, Cortisol and Other Hormones in Multitasking, Attention, and Verbal Reasoning** by Anabiah Syed, Susan Beers, & Barbara Thayer
- **How Heart Rate Variability Reflects Emotional and Attentional Regulation** by Britney Mejia, Vanessa Ramirez, Sage Real, & Beatrice de Oca

Developmental Psychology
- **Psychological Distress and Community Connectedness among Gender Conforming and Non-Conforming Adolescents** by Spooner Greenbird & Argero Zerr

Social Psychology
- **The Effects of Early Parental Death and Posttraumatic Growth on Terror Management Defenses** by Mary Ferris & Melissa Soenke
- **TMT in the Face of Athletic Injuries** by Marisa Gonzalez & Melissa Soenke

WPA CONVENTION | APRIL 27 - 30, 2023 | RIVERSIDE

California

Psychology Poster Session: Spring 2023

The Psychology Program is proud to announce the Spring 2023 Psychology Poster Session! This event highlights students' empirical studies conducted as culminating assignments in the PSY 301 course.
Food and beverages will be provided.

Friday, May 12
5:00 – 6:30pm
Grand Salon

$6.00 for campus parking

For more information, please contact: Ivy McKinley Academic Program Analyst for Psychology
ivy.mckinley541@csuci.edu

California State University

PSYCHOLOGY
CHANNEL ISLANDS

Psychology Club

By Diego Martinez-Martinez (President)

Psychology Club is in full swing for the Spring 2023 Semester! We have met every other week to discuss topics such as CVs and resumes, how to pick the graduate program that is right for you, and how to stand out in grad school applications. In collaboration with CI Video Game Club, Psychology Club hosted a FIFA tournament to promote student interaction and to help students destress with video games.

We have also had special guest, Christian Sandoval, Psychology Club's previous vice president. Christian talked about how his volunteer experiences and internship with Ventura County Behavioral Health, among many other accomplishments, have helped him reach his goal of attending a graduate program at Pepperdine University. We got to hear closely about his past professional connections and the beginnings of research studies at the graduate school level. Many of our club members were eager to hear about the process of preparing, applying, and beginning a graduate program within the field of psychology.

One of our upcoming events is the Aut2Run, where Psychology Club will volunteer and cheer on the runners. In the near future, CI students wanting to join Psych Club should sign up on CI sync and join our club. We hope to see you soon for a fun and knowledge-filled experience.

APRIL 30, 2023
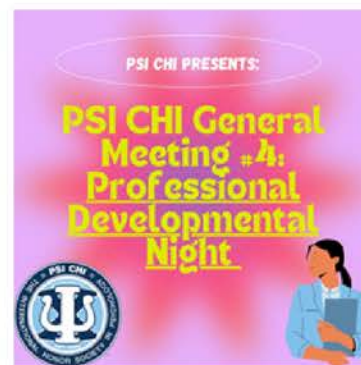**https://www.aut2run.org/**

Psi Chi Psychology Honor Society

Psi Chi is the International Honor Society in Psychology, founded in 1929 for the purposes of encouraging, stimulating, maintaining excellence in scholarship, and advancing the science of psychology.

This year, CI's chapter of Psi Chi has focused on a variety of different topics, including studying & self-care tips, a professional development panel, a game night and moonlight kayaking at the CI Boating Center. We also recently held our 2022/2023 induction ceremony, to celebrate 14 new inductees! This event was attended by over 50 students along with their family and friends. We are so proud to celebrate the accomplishments of these students!

Psi Chi meetings are open to all students, regardless of membership. Applications for official membership are open, and we are looking for nominations for officer positions. Scan the QR code to visit our webpage for more information, including info about meetings, applications, and contacts.

Psi Chi invites you to
2022-2023
INDUCTION
CEREMONY
APRIL
WEDNESDAY 19 AT 8 PM
2023
BELL TOWER 1302
OPEN TO UNOFFICIAL CLUB MEMBERS, FRIENDS, AND FAMILY. ATTIRE IS SEMI-FORMAL. DINNER TO BE PROVIDED. RSVP: http://bit.ly/41nnp23

PSI CHI GENERAL MEETING
Studying & Self-Care Tips
Mon. March 6th at 6pm SUB 2021 A
Mix and mingle with peers in Psychology and learn tips for staying in tip-top shape for test-taking during midterms.

Psi Chi Presents...
MOONLIGHT KAYAKING
Monday Mar. 13th 6pm-8pm
3880 Bluefin Cir. Oxnard, CA 93035

Psi Chi Game Night
March 27th • 6:00PM
General Meeting
SUB 2021

PSI CHI PRESENTS:
PSI CHI General Meeting #4: Professional Developmental Night

WE ARE TAKING OFFICER NOMINATIONS
OPEN POSITIONS
• PRESIDENT
• VICE PRESIDENT
• TREASURER
• SECRETARY
FILL OUT THE FORM!
https://bit.ly/psichiofficer

Curriculum Vitae (CV) Workshop
Monday, April 24, 2023 6-7pm
Bell Tower 2505

Our next Psi Chi meeting will include a CV workshop, hosted by Dr. Zerr. Please consider attending if you would like to learn about how to prepare your CV or if you would like feedback on improving your existing CV.

All students are welcome

Student Experience in the Psychology Transfer Learning Community (TLC)

By Kat Gutierrez (TLC Scholar 2022-2023)

Getting to be part of the Psychology Transfer Learning Program (TLC) has been a wonderful opportunity for me and my fellow members. It has been a tremendous help in transitioning from community college to Cal State Channel Islands and continues to provide endless opportunities that could easily transition me to any graduate school of my choosing. In addition to the graduate school benefits, this program has given me research and independent study opportunities, the ability to meet with multiple advisors, assistance with my schedule, future/goal planning, direct enrollment into my required classes, unique classes, and open communication with my professors.

However, I think the best benefit this program has to offer is its cohort of students. Making friends in college can be very challenging, especially being a transfer student. Through this program, I have gotten the opportunity to make many friends, and we are able to help each other along our college journey. Having all the same classes allows us to study together and better prepare for the classes ahead. Even though next semester we are free to pick the classes we wish, we are still planning on taking them together because of how helpful it's been.

All in all, this program is extremely beneficial and I don't think I could've been this successful in college without it. College has come with many challenges, and I'm thankful to have had so many people who could provide me with assistance with my journey. I recommend this program to those who can take it and any psychology major that plans on going to graduate school should 100% take this program.

Interested in joining the TLC?

Applications are now being accepted for next year's TLC. For more information, including eligibility, schedules, and the application, visit the website here.

Workshop & Drop-in Labs

CSUCI Learning Resource Center Presents:

SPSS Series

All workshops will take place at Sierra Hall 3344

March 17
Workshop #1
Pearson's R Correlation & Linear Regression
(2:30 pm-3:30 pm)
1-way Randomized ANOVA
(3:45-4:45pm)

April 14
Workshop #2
Z-test & Single Sample T-Test
(2:30 pm-3:30 pm)
1-way Repeated Measures ANOVA
(3:45-4:45 pm)

April 21
Workshop #3
Independent Groups/Samples T-Test
(2:30 pm-3:30 pm)
2-Way Randomized ANOVA & 2-Way Repeated Measures ANOVA
(3:45 pm - 4:45 pm)

May 5
Workshop #4
Correlated/ Paired Samples T-Test
(2:30 pm-3:30 pm)
Chi-square (Goodness-of-fit & Test of Independence)
(3:45 pm - 4:45 pm)

Can't come in? Join us on Zoom
ID: 87191906295
Password: 472609
Same information for all sessions

Questions or Concerns?
Reach out to our LRC Tutors
Kayla Randall: kayla.randall789@csuci.edu
Jet Kauffman: jet.kauffman701@csuci.edu

California State University

LEARNING RESOURCE CENTER
CHANNEL ISLANDS