

FALL 2024

Psychology Program Newsletter



In this newsletter you will find:

- Message from the Chair
- What's new in the Psychology Program?
- Meet your Faculty Advisors & Tutors
- Spring Elective Options
- Student Research Involvement
- Psi Chi Honor Society
- Thinking about a career in psychology? Join the VCPA

Message from the Chair

Dear CSUCI Psychology Friends,

Greetings! As we reach the halfway point of the semester, I would like to take a moment to connect with everyone. I hope you are finding your rhythm and staying engaged in your work. This Fall 2024, the Psychology Program is buzzing with exciting activities and accomplishments - be sure to check out the highlights in this newsletter.

I would also like to remind you to make the most of the numerous services and resources available at CSUCI. Your success is important to us, and we are here to support you every step of the way. I encourage you to engage fully with our community and take advantage of all that the Psychology Program has to offer.

To our graduating seniors, congratulations on reaching this important milestone! Your hard work and dedication have truly paid off. As you embark on your next adventures, remember that the Psychology community is here to celebrate your achievements and support you in your future endeavors.

Wishing you all a productive and fulfilling school year!

Warm regards, Kimmy Kee-Rose, Ph.D. Professor and Chair



What's new in the Psychology Program?

PSYCHOLOGY TRANSFER LEARNING COMMUNITY

We recently welcomed the fifth cohort of the Psychology Transfer Learning Community (TLC). This year's cohort of students come from 16 different colleges and universities. As part of the TLC, students take classes together and participate in monthly meetings. Next semester, students will be matched with a research or internship opportunity to help them prepare for graduate school and/or a career in psychology.



Psychology Poster Session: Fall 2024

FRIDAY, DEC 6, 2024, 5-6:30PM GRAND SALON

Please join us for this special event, which showcases students' empirical studies conducted in PSY 301.



Meet your Fall 2024 Faculty Program Advisors

PETER KRAUSE, PH.D.

Assistant Professor peter.krause@csuci.edu

- Mon 2-4pm via Zoom
- Wed 2-4pm via Zoom

ARGERO (GERI) ZERR, PH.D.

Associate Professor argero.zerr@csuci.edu

- Wed 3-5:30pm (Zoom only)
- Thurs 12-1:30pm (in Madera 2384 or on Zoom)



Upcoming Dates

- Nov 28-29, 24 Thanksgiving Recess - campus closed
- Dec 7, 24 Last day of classes before exams
- Dec 9-14, 24 Final exam week
- Dec 20, 24 Last day of the semester



Meet your Fall 2024 Psychology Tutors



Cole Parkin

Lead Peer Tutor

Major: Psychology



Desteny Medina

Peer Tutor

Major: Psychology



Elizabeth Johnson
Peer Tutor
Major: Psychology



Joy Gendy
Peer Tutor
Major: Psychology

https://lrc.cikeys.com/tutorfinder/

Spring 2025 Elective Options

In the Spring semester, the Psychology Program will continue to offer a selection of face-to-face (on campus), online and hybrid classes. As you build your course schedule, remember that all psychology majors are required to take at least 4 upper division psychology elective courses (12 units). Consider taking elective courses that will help you explore your interests, hone skills, clarify career goals, or take whichever ones you might enjoy. Check out the list of elective course possibilities below.

- PSY 315 Child Psychopathology
- PSY 327 Parenting
- PSY 333 Measurement & Testing
- PSY 340 History & Psychology of Nazi Germany
- PSY 346 Human Motivation
- PSY 370 Fundamentals of Counseling Theory
- PSY 375 Psychology Health Counseling
- PSY 383 Chicana/o Latina/o Identity and Empowerment
- PSY 411 Navigating Careers in Psychology
- PSY 445 Adolescent Development
- PSY 457 Criminal Behavior
- PSY 460 Addiction Studies
- PSY 473 Atypical Psychopathologies & Culture Bound Syndromes



IMPORTANT DATES

Nov 12, 2024 - Priority Registration begins Jan 17, 2025 - Weekday classes begin Jan 20, 2025 - MLK Jr Day, campus closed

Student Research Accomplishments

These Psychology students and faculty recently presented at the Annual Conference of the International Association for Media and Communication Research, in Christchurch, New Zealand.

Chen, N.-T. N., Kee, K., Villalobos, B. T., Ortiz, M., & Lee, H. COVID-19
 Vaccination Information Scanning and Seeking: What Do Digital Natives
 Use and Trust?

These Psychology students and faculty will be presenting later this month at the Southern California Conference of Undergraduate Research (SCCUR) in San Bernardino:

 Arias, R., Hong, N., Beers, S.F., Thayer, B. The Effect of Estrogen and Stress on Executive Function.

 Castro-Piedra, A., Hernandez, G., Quintero, E. & Walker, S. The Impact of Gratitude on Psychological States and Heart Rate Variability: Insights from the Neurovisceral Integration Model



Upcoming Conferences

National Conferences on Undergraduate Research (NCUR)

- Submissions due Dec 6, Conference April 2025 in Pittsburgh Association for Psychological Science (APS)
- Submissions due Dec 11, Conference May 2025 in Washington DC Western Psychological Association (WPA)
- Submissions due Dec 18, Conference May 2025 in Las Vegas Society of Clinical Child and Adolescent Psychology (APA Div 53)
- Submissions due Jan 15, Conference June 2025 in Chicago <u>American Psychological Association (APA)</u>
 - Submissions due Jan 7, Conference Aug 2025 in Washington DC











Psi Chi Honor Society

BY: NYCHERIE HONG, PRESIDENT

Psi Chi, the International Honor Society in Psychology strives to encourage and support students to advancing the field of psychology. At CI, our members connect with other psychology students and faculty by building social and professional networks.

This semester, Psi Chi has been all about supporting students' academic and career growth while fostering a fun, inclusive community! We kicked things off with our **Psychology Games Night**, where members could relax, connect, and enjoy a night of psychology-themed games. Next, our **LinkedIn Workshop** provided valuable insights into building a strong professional profile, helping attendees stand out to potential employers. Finally, we hosted a **Personal Statement Workshop**, guiding students in crafting compelling personal statements for grad school applications. It's been a productive and engaging semester, and we're excited to keep the momentum going!

Psi Chi meetings are open to all students regardless of membership status! Next semester, we hope to continue fostering a welcoming environment for all interested in Psychology. We are currently reviewing Fall applications for membership, but another round of applications will be open in the Spring. We will induct both cohorts of new members in a spring ceremony!



VISIT OUR WEBSITE FOR MORE INFORMATION, INCLUDING MEETING DATES AND APPLICATION DETAILS:

HTTPS://PSYCH.CSUCI.EDU/STUDENTS/PSICHI.HTM

Thinking about a career in psychology?



BY: DUSTIN WEISSMAN, PSYD

PRESIDENT-ELECT, VENTURA COUNTY PSYCHOLOGICAL ASSOCIATION

PRESIDENT-ELECT (2025); CALIFORNIA PSYCHOLOGICAL ASSOCIATION

There are many different paths one can take as a professional psychologist. The one you see the most is the academic psychologist; who will teach high school, undergraduate, and/or graduate level courses. In addition, they may conduct research as part of their job requirements when associated with a university. You may also envision a psychologist as a clinical psychologist. This type of psychologists often provides various types of therapy (individual, couples, family, or group) and/or may administer psychological evaluations; one of the most popular being the Rorschach or ink blot test. There are other options such as industrial organizational psychologist, neuropsychologist, forensic psychologist, and media psychologist.

Regardless of the type of career you may be interested in pursuing within psychology, it is important to connect with your community. The American Psychological Association (APA) is very well known and large. They have a plethora of resources, information, and general knowledge about the field of psychology. However, they are not local. California Psychological Association (CPA) is our statewide organization and making a big push to engage graduate students. Ventura County Psychological Association (VCPA) is where you want to be. This is the community in your own backyard. These are the psychologists and graduate students who you can reach out to, grab a meal, and pick their brains about their journeys in the field of psychology. There is such wonderful history in this community and if you are even considering a career in psychology, I highly encourage you to check out VCPA.

Ventura County Psychological Association is now offering a FREE Undergraduate Membership. See venturacountypsych.com/join. This will provide you with an opportunity to participate in select Continuing Education (workshops ranging from one to six hours on unique topics) and possibly participate on committees (this would look great on any resume and provide invaluable networking opportunities). You may also have access to our Mentor Match Program once it is launched, connecting mentors (psychologists) with mentees (students or early career psychologists) to foster professional development.