

FALL 2022

PSYCHOLOGY PROGRAM NEWSLETTER



Bi-annual newsletter of the Psychology Program at CSUCI



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MESSAGE FROM THE CHAIR

Dear friends,

Hello again! It has been exciting for me to meet our students who are new to the Psychology Program at CI and to welcome back our continuing students. I am looking forward to hearing all the amazing things you have been doing and sharing new developments in the department as well as the successes and experiences of our students and faculty in this newsletter.



As we enter the final four weeks of the fall semester, this can be a busy and stressful time with more papers and more exams. I would like to encourage you to take advantage of the many services and resources available at CI to help you finish the semester strong. Please remember that we are here to support you at every step of the way.

Happy Thanksgiving, and wishing you a happy and successful academic year!

Sincerely,

Kimmy Kee-Rose, Ph.D.

Professor and Chair, Psychology Program



WHAT'S NEW IN THE PSYCHOLOGY PROGRAM?

Psychology Transfer Learning Community

We recently welcomed the third cohort of the Psychology Transfer Learning Community (TLC; pictured above). As part of the TLC, students take classes together and participate in monthly meetings. Next semester, each TLC student will be matched with a research or internship opportunity to help them prepare for graduate school and/or a career in psychology.

New Tenure Track Faculty Member

The Psychology Program recently hired Dr. Peter Krause for the full-time tenure-track faculty position in Cognitive Psychology. Dr. Krause is an alum of CI's psychology program. Read more about his journey back to CI on the next page.



FALL 2022: UPCOMING DATES & DEADLINES

Nov 24-26, 2022 Thanksgiving Recess - campus closed

Dec 2, 2022 Fall Psychology Poster Session

Dec 3, 2022 Last day of classes before exams

Dec 5-10, 2022 Final exam week

Dec 16, 2022 Last day of the semester

SPRING 2023: IMPORTANT DATES & DEADLINES

Jan 18, 2023 First day of the semester

Jan 21, 2023 Classes begin

PSYCHOLOGY ALUM JOINS TENURE-TRACK FACULTY AT CI

by Peter Krause, Ph.D., Assistant Professor of Psychology



It is a joy to be writing to all of you as the CI Psychology Department's newest tenure-track faculty member. Many of you students already know me well! I've been teaching at CI since Fall 2019. What's changed? With this new appointment, the university and I are both expressing the hope that CI is my forever academic home. And that feels as right as snuggling into a warm blanket on a chilly morning.

My early- to mid-twenties were sort of my mis-spent youth. After growing up in nearby Santa Paula and showing a lot of early promise, I took the route I thought I was "supposed to." I went to a far-off college to prove myself in a new environment. But I bounced off that first attempt at college. Hard. My GPA was...well, let's not talk about that GPA.

It took several aimless years before I could give myself permission to be ambitious again. Showing back up to school at 29 years old, and saying I wanted to eventually work toward a PhD? Yeah, I felt a bit like a faker. Some of you have shared similar stories at my office hours. But our faculty were radically accepting of my story. They always reassured me that I was in the right place and on the right path. I hope to pay that debt forward to many of you.

CI fired up my excitement for science. CI showed me that, actually, I did like math—when it helped in exploring cool research questions. CI showed me what real mentorship looks like (shout-out to Dr. Kee).

It's great to be back. If you don't yet know me—swing by and see if I'm in my office! Madera 1631. Also, a quick research plug: Though my degrees are all in psych, I am a "cognitive scientist," meaning my research overlaps many different disciplines of mind. In my case I look at speech articulation in a way that makes me part psychologist, part linguist, and part AI theorist. If that sounds intriguing, we should chat!

MEET YOUR FACULTY ADVISORS!

Drs. Campbell and Smith are the faculty advisors for the Psychology Program this semester. Consider meeting with them to discuss requirements for psychology majors, graduation timelines, and grad school and career opportunities.

matthew.campbell@csuci.edu

805-437-3132 | Madera Hall 2413

- Monday 2:30pm – 4:30pm
- Wednesday 10:00am – noon
- Drop-in advising is in-person or Zoom (email for Zoom link)
- By appointment outside of these times

weldon.smith@csuci.edu

805-437 3577 | Madera Hall 1726

- Tuesday 1:00pm – 2:30pm
- Thursday 2:30pm – 5:00pm
- In-person or Zoom. E-mail or call to set up an appointment.
- Walk-ins accepted on first come first served basis, appointments take priority.

SPRING 2023 ELECTIVE OPTIONS

In the Spring semester, the Psychology Program will continue to offer a selection of on-campus, online and hybrid classes. As you build your course schedule, remember that all psychology majors are required to take at least 4 upper division elective courses (12 units). Consider taking elective courses that will help you explore your interests, hone skills, clarify career goals, or take whichever ones you might enjoy. Check out the list of elective course possibilities below.

PSY 315 - Child Psychopathology

PSY 327 - Parenting

PSY 333 - Measurement & Testing

PSY 340 - History & Psychology of Nazi Germany

PSY 346 - Human Motivation

PSY 370 - Fundamentals of Counseling Theory

PSY 375 - Psychology Health Counseling

PSY 445 - Adolescent Development

PSY 457 - Criminal Behavior

PSY 460 - Addiction Studies

PSY 461 - Special Topics in Development (see below)

PSY 490 - Topics in Psychology (see next page)



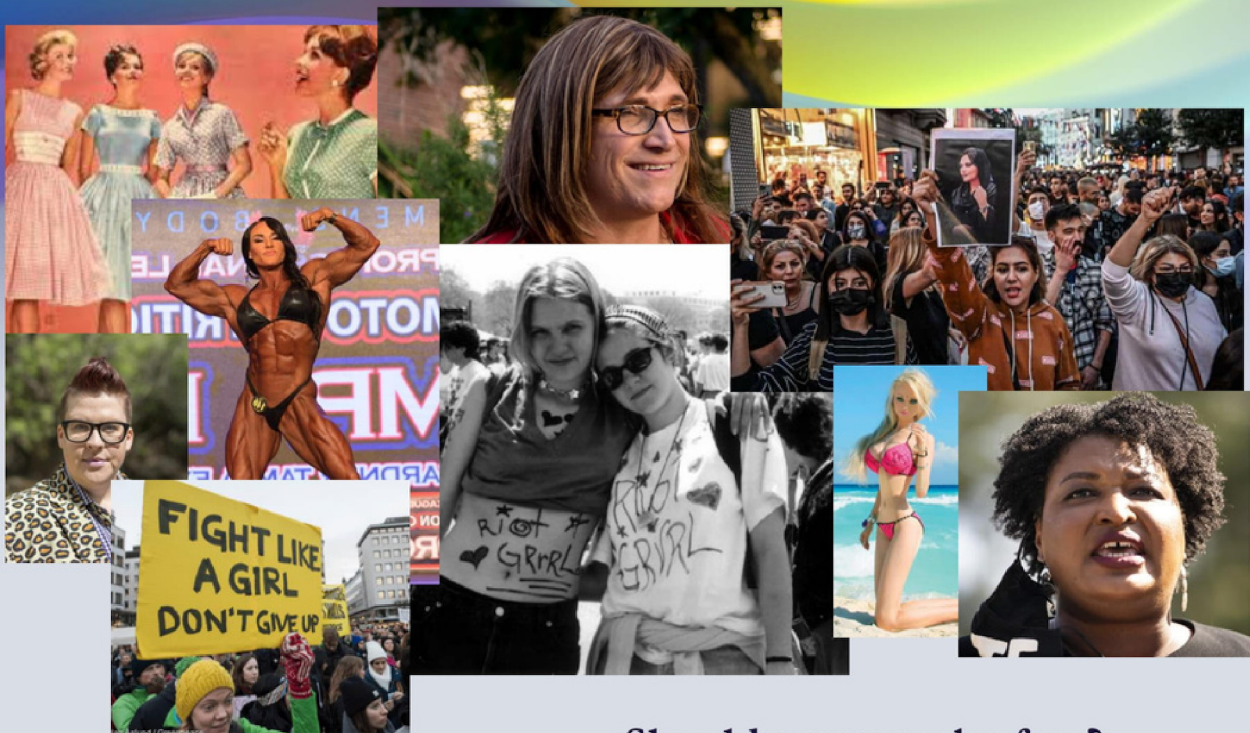
PSY461 Special Topics in Development

Dr. Christy Teranishi Martinez - Online & Asynchronous

This undergraduate special topics in development is an asynchronous online course, focusing on lifespan development from a positive psychological perspective. This course will focus on development of individuals of diverse ethnic, cultural, linguistic, and socioeconomic backgrounds. Throughout the course, students will gain a better understanding of how we can build on strengths to promote positive development across diverse and multicultural communities. Special focus will examine factors that foster well-being throughout the lifespan.

Psychology of Women and Gender

Psy 490 – Spring 2023



- What does it mean to be a mother?
- How might the *Dobbs* decision impact women's sense of autonomy?

- Should tampons be free?
- How does the media – and social media – impact our sense of self? Our understanding of sex and gender?

Tues & Thurs 3-4:15 pm
In person

Barbara.Thayer@csuci.edu

We'll discuss topics in psychology with a focus on sex and gender and how they impact our understanding of the world.

Are you interested in a career in biomedical or biobehavioral sciences?

Take this elective spring course to find out!

HLTH 490: AN EXPLORATION OF BIOMEDICAL AND BIOBEHAVIORAL RESEARCH

Using Huntington's disease as the thread, this 3 unit class will:

- show you how scientists investigate diseases and find cures;
- offer an overview of research in human health and disease, from the molecular to the behavioral;
- enhance your graduate/medical school applications.

Huntingtin protein

HTT
gene

Neuronal degradation

When: Spring 2023, Fridays, 9 am – 3 pm for 10 Fridays: February 3, 10, 17, 24; March 3, 10, 17; April 7, 14, 21. Final poster session: April 28.

Open to majors in Psychology, Health Science, Math, Chemistry, Physics and Biology (limited to 20 students per section). Three field trips are included in the curriculum (no cost to participants).

Instructors: Drs. Hugo Tapia, Gareth Harris, Beatrice de Oca and Sonsoles de Lacalle.

INTERESTED? Email sonsoles.delacalle@csuci.edu for more information and to reserve your spot.





PSYCHOLOGY CLUB

by Lesly Bernabe, Psychology Club Secretary

Psychology Club is in full swing for the Fall 2022 Semester! We have met every other week discussing topics such as the benefits of mentorships, how to pick the graduate program that is right for you, and how to stand out in grad school applications. In collaboration with CI Active Minds, Psychology Club placed 1,100 white flags outside of the Broome Library to represent the college student lives lost to suicide every year and emphasizing the importance of CAPS on campus.

We have also had special guest Christian Sandoval, Psychology Club's previous vice president, talk about how his volunteer experiences and internship with Ventura County Behavioral Health, among many other accomplishments, have helped him reach his goal of attending a graduate program at Pepperdine University. We got to closely hear about his past professional connections and the beginnings of research studies at the graduate school level. Many of our club members were eager to hear about the process of preparing, applying, and beginning a graduate program within the field of psychology.

One of our most recent events was in collaboration with MECHA at our Dia De Los Muertos Celebration remembering the lives of loved ones that have passed away. In the near future, CI students wanting to join Psych Club meetings should be on the lookout for a movie-night event where we analyze the psychological backgrounds of the main characters and an event where we will be passing out prizes!



If interested in joining Psychology Club, feel free to email the President Diego Martinez Martinez with your CI email at diego.martinezmartinez317@myci.csuci.edu

An alternative way to sign up is going to CI Sync and searching the Psychology Club, click join, then wait for approval. If you have access and use social media follow the Psych Club on Instagram @ci.psychclub or on Twitter @CI_PsychClub.

PSI CHI

by Kitana Barrus, President of CI's Psi Chi chapter



This Fall has been a big semester for Psi Chi. It is the first semester that we have opened our meetings up to all Psychology majors and minors on campus. This has proven to be a very lucrative move for the organization as we have seen underclassman, in particular, become more interested in joining Psi Chi. In addition to this change, we moved our meetings from a hybrid format to an in-person format which has bolstered meeting participation as well as overall satisfaction. Our meetings have also gone from bi-weekly to weekly since it seems to be easier to make friends when you see them more often than every fortnight.

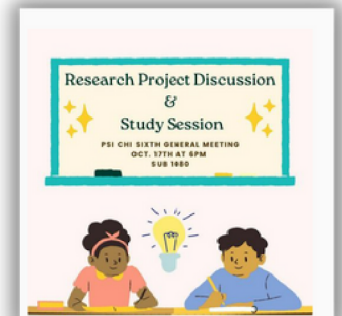
Aside from the organizational mumbo-jumbo, we had a fantastic time doing a moonlight kayaking adventure with the school's boating center. Another one of our meetings featured a speed-dating-style meet and greet with various Psychology professors at CI. This event allowed us to talk in small groups to professors so that we could establish a relationship with them, learn what their ongoing projects are, and learn about potential research opportunities. We can't thank Dr. Zerr, Dr. Ibrahim, and Dr. de Oca enough for attending that event.

Next semester is going to be just as exciting as this semester has been. One of our members is heading the next Psi Chi research project. We were incredibly lucky last year to be able to go to WPA with a research project centered around how exercise impacts test-anxiety. This year, we will be examining how being ignored in a conversation can affect brainwaves and body language. We hope to be able to bring this project to WPA in the Spring.

Overall, we have focused this semester on rebuilding and gaining members. We want to offer something that the Psychology students on campus find valuable and I believe that we have started to accomplish that. Psi Chi can stand to grow a lot more, but we are off to a great start. Come drop by our next meeting and see what we are all about! We can't wait to meet you.

We will be inducting the next cohort of official Psi Chi members at an induction ceremony on Monday, November 28th. Although Psi Chi applications are closed for this semester, meetings are open to all students, regardless of membership status. Please join us!

Please email the President, Kit Barrus (kitana.barrus178@myci.csuci.edu) to get more information about the meetings and events, and to be added to our mailing list.



STUDENT RESEARCH ACCOMPLISHMENTS & OPPORTUNITIES

Psychology students and faculty are representing CI at the upcoming Southern California Conferences for Undergraduate Research (SCCUR) in Malibu on November 19, 2022, including the following presentations:

Poster Presentations

- How Social Media Use Relates to Mental Health and E-Cigarette Use by Lauren Garcia



Oral Presentations

- The Application of Multiple Regression for Behavioral Neuroscience Research by Carla Gonzalez
- Psychometric Evidence for the LGBTQ+ Loneliness Scale (LLS) by Kaylena Mann
- The Sexual Assault Kit Backlog Problem: The Role of Rape Myth Acceptance in Denying Victims Justice by Denise Santa Rosa

Upcoming Conference Deadlines:

National Conference on Undergraduate Research (NCUR)

University of Wisconsin-Eau Claire, April 13-15, 2023

Submissions due Nov 30

Western Psychological Association (WPA)

Riverside, CA, April 27-30, 2023

Submissions due Dec 2

American Psychological Society (APS)

Washington DC, May 25-28, 2023

Submissions due Dec 15

American Psychological Association (APA)

Washington DC, August 3-5, 2023

Submissions due Jan 10



Psychology students and faculty also recently attended the Society for Advancement of Chicanos/Hispanics and Native Americans in Science (SACNAS) National Diversity in STEM conference in Puerto Rico (October, 2022).



PSYCHOLOGY POSTER SESSION
FRIDAY, DECEMBER 2 5:30-6:45PM
GRAND SALON

This event highlights students' empirical research conducted as the culminating assignment in their PSY 301 Psychological Research and Statistical Methods course.

Refreshments will be provided.

STUDENTS ARE STRUGGLING. WELLNESS PROMOTION & EDUCATION CAN HELP.

by Holly Godden, M.A., C.H.E.S.

Associate Director of Student Health and Wellness

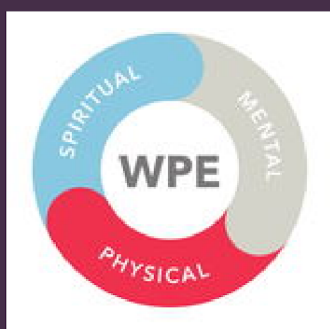
Students are struggling on our campus. Our Spring 2021 National College Health Assessment survey indicated that 53.2% of respondents had a positive score on the UCLA Loneliness Scale (IULS3), with 51.9% screening positive for moderate to severe psychological distress on the Kessler 6. These data were statistically significant.

We are here for students looking for a wellness boost. Wellness Promotion & Education is a free campus resource for enrolled students to promote their wellness as a capacity for academic success. We offer many opportunities to help students succeed:

- **Presentations & Workshops:** Our evidence-based, engaging presentations cover many health and wellness topics that help students build skills to succeed academically. Presentations are facilitated by trained students using a peer-to-peer education model. [Request a presentation here.](#)
- **SMART Goals program:** Students will sit down with a trained peer educator to build a road map for achieving a health or wellness goal they have in mind. Students can [request an appointment here.](#)
- **You@CSUCI:** You@CSUCI is a virtual, confidential wellness platform available to all CI students for free, 24/7. Students will learn about themselves through self-check quizzes and set & track goals in the platform. They can also search for evidence-based content on health topics impacting their academics. [Find the platform here.](#)
- **Wellness Peer Educators:** Wellness Peer Educators lead the campus in health-promoting programming from a public health perspective. This is an opportunity for students to meet like-minded peers, build critical thinking skills, and develop practical tools for their futures. [More information here.](#)
- **Email us about special partnership opportunities.** We currently partner with CAPS, Housing, Basic Needs, Inclusive Student Services, Academic Advising, and many other campus resources to connect students to the campus safety net. We welcome opportunities to work together, so if you have an idea for a collaboration, please email us at wpe@csuci.edu.
- Of course, [CAPS](#) and the [CARE Team](#) are here for students who may need clinical support.



*This photograph and cover photo taken
by Psychology student Spooner Greenbird*



You can find us on the web at
www.csuci.edu/wpe
We hope to hear from you!

Wellness Promotion and Education (WPE)