



Fall 2023

# Psychology Program Newsletter



## Inside this edition:

- Message from the Psychology Chair
- What's new in the Psychology Program?
- Student Resources
- Spring Elective Options
- Student & Faculty Accomplishments
- Psychology Club Updates
- Psi Chi Updates
- Research Conferences
- Psychology Poster Event
- UCSB / CSUCI Summer Research Experience



Channel Islands  
CALIFORNIA STATE UNIVERSITY



# Message from the Chair

Dear Members of the Psychology Community,

I hope this message finds you in good health and high spirits as we embrace the vibrant season of Fall.



In this edition of our newsletter, I am delighted to share the latest happenings, accomplishments, and exciting initiatives within our dynamic department, ranging from research endeavors to engaging events. There is much to celebrate and be inspired by in the world of psychology.

As we navigate the upcoming weeks filled with final exams and academic pursuits, I encourage you to explore the invaluable services and resources available at CSUCI. These are designed to support you on your academic journey, ensuring you reach your fullest potential.

To our graduating seniors, congratulations on reaching this significant milestone! Your accomplishments stand as a testament to your resilience and dedication. As you venture into new opportunities, please know that the Psychology community is here to support and celebrate your successes.

Here's to a productive and fulfilling Fall semester, filled with growth, learning, and meaningful connections.

Warm regards,  
Kimmy Kee-Rose, Ph.D.  
Professor and Chair, Psychology Program



## Fall 2023: Upcoming Dates and Deadlines

Dec 2, 2023 Last day of classes before exams

Dec 4-9, 2023 Final exam week

Dec 15, 2023 Last day of the semester



# What's new in the Psychology Program?

## Psychology Transfer Learning Community

We recently welcomed the fourth cohort of the Psychology Transfer Learning Community (TLC). This year's cohort of students come from 8 different community colleges. As part of the Psychology TLC, students take classes together and participate in monthly meetings. Next semester, each Psychology TLC student will be matched with a research or internship opportunity to help them prepare for graduate school and/or a career in psychology.



## Welcoming New Faculty

This semester we welcomed Odelia Simon, Ph.D. to our Psychology faculty team. Dr. Simon's research focuses on critical race theory, QuantCrit, and examining biases in data. She is teaching PSY301 Psychological Research and Statistical Methods II.

## Psychology Alumni return to share their experiences

Two Psychology alumni recently returned to CSUCI to share their academic experiences with students in PSY 411 Navigating Careers in Psychology, Psi Chi, and Psychology Club. Dr. Bianca Villalobos is now an Assistant Professor in Clinical Psychology at the University of Texas Rio Grande Valley. Christian Sandoval (CI class of 2022) is now at Pepperdine University, in his second year of the MA in Clinical Psychology with Emphasis in Marriage and Family Therapy (MFT) program.





# Student Resources

## Meet your Program Advisors!

Drs. Smith and Zerr are the faculty advisors for the Psychology Program this year. Consider meeting with them to discuss requirements for psychology majors, graduation timelines, and grad school and career opportunities. <https://psych.csuci.edu/contact.htm>

## Learning Resource Center (LRC)



### IN-PERSON & ONLINE TUTORING

Mon - Thurs: 10 am - 9 pm

Fri: 10 am - 3 pm

### ONLINE TUTORING ONLY

Sat: 10 am - 3 pm

Sun: 5 pm - 8 pm

<https://www.csuci.edu/learningresourcecenter/>

## Counseling & Psychological Services (CAPS)

For 24/7 crisis support and counseling options, please contact Counseling and Psychological Services at 805-437-2088, [caps@csuci.edu](mailto:caps@csuci.edu), or walk into the clinic in Bell Tower East Room 1867. <https://www.csuci.edu/caps/>



### Fall 2023: Upcoming Dates and Deadlines

Dec 2, 2023 Last day of classes before exams

Dec 4-9, 2023 Final exam week

Dec 15, 2023 Last day of the semester



# Spring 2024 Elective Options

In the Spring semester, the Psychology Program will continue to offer classes face-to-face (F2F on campus) and online (synchronous and asynchronous). As you build your course schedule, remember that all psychology majors are required to take at least 4 upper division elective courses (12 units). Consider taking elective courses that will help you explore your interests, hone skills, clarify career goals, or take whichever ones you might enjoy. Check out the list of elective course possibilities below:

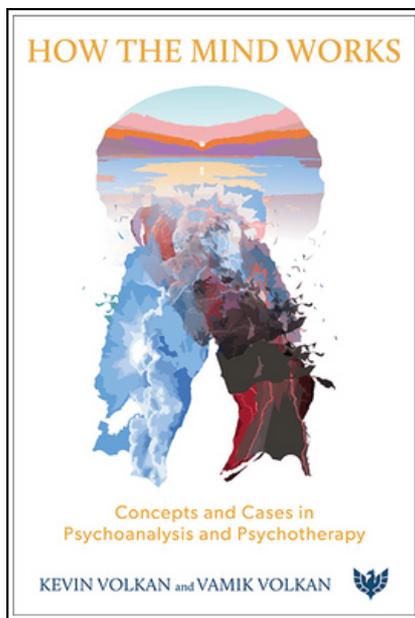
- PSY 315 - Child Psychopathology (Online Async)
- PSY 327 - Parenting (Online Async)
- PSY 337 - Psychological Ethics & Moral Philosophy (Online Sync)
- PSY 340 - History & Psychology of Nazi Germany (Online Async)
- PSY 344 - Psychology & Traditional Asian Thought (Online Async)
- PSY 346 - Human Motivation (F2F and Online Async)
- PSY 370 - Fundamentals of Counseling Theory (F2F)
- PSY 375 - Psychology of Health Counseling (F2F)
- PSY 383 - Chicana/o Latina/o Identity & Empowerment (F2F)
- PSY 411 - Navigating Careers in Psychology (F2F)
- PSY 445 - Adolescent Development (F2F and Online Async)
- PSY 457 - Criminal Behavior (Online Async)
- PSY 460 - Addiction Studies (Online Async)
- PSY 490 - Topics in Psychology: Positive Psychology (Online Async)

**PSY 337 - Psychological Ethics and Moral Philosophy with Dr. Harley Baker:** This is an elective course that provides students with a comprehensive overview of key philosophical and moral concepts used in resolving debates within psychology as well as in the mental and public health fields. This course also fulfills UDGE-D requirements.

**PSY 490 - Topics in Psychology: Positive Psychology with Dr. Barbara Thayer:** This elective course will investigate empirical approaches to the psychology of a fulfilling and flourishing life. Topics include research on positive emotions, happiness, empathy, friendship, goal setting, love, achievement, morality, creativity, mindfulness, spirituality, and humor.

# Student & Faculty Accomplishments

Psychology student **Ariana Kim** served as a **CSUCI Summer Research Scholar** as part of the UCSB/CSUCI Summer Research Experience. Along with her Faculty Mentor, Dr. Zoe Liberman, and Graduate Student Mentor, Chuyi Yang, she conducted a study on “Can correcting be used as a cue to friendship within children?” and presented their findings at the UCSB Graduate Division Summer Research Symposium in August 2023.



Psychology Professor **Kevin Volkan** and **Vamik Volkan** co-authored new book “**How the Mind Works: Cases and Concepts in Psychoanalysis and Psychotherapy**” which covers many topics, including: psychotherapeutic principles and identity, psychoanalytic concepts, making case formulations and interpretations, psychosocial development, individual and large-group identity, trauma and transgenerational transmission, dreams and unconscious fantasies, therapeutic play, personality organization, cultural considerations, and psychoanalysis in organizations and groups. The book is available for purchase through the publisher or Amazon.

Psychology Professors **Christy Teranishi Martinez** and **Harley Baker** recently co-authored a study about experiences of sexual harassment and assault in the trail and ultrarunning communities. The article was recently published in the journal *Social Sciences*. <https://doi.org/10.3390/socsci12060359>



social sciences



Article

## Sexual Harassment and Assault across Trail and Ultrarunning Communities: A Mixed-Method Study Exploring Gender Differences

Christy Teranishi Martinez \*, Crista Scott Tappan, Harley Baker, Makayla Edwards and Juliane Martinez

# Student & Faculty Accomplishments (Cont'd)

Psychology students in Dr. Melissa Soenke's Psychology of Stress and Coping course (PSY 423) are working on Community Based Research with One Step A La Vez, an afterschool center in Fillmore, to explore the perceptions and use of high school wellness centers. Other students in this course are working on Service Learning Projects with the Modoc Biology Garden to grow vegetables for Basic Needs and encourage the use of gardening for stress management among CI students.



Pictured right: Students are getting oriented with Biology Professor Dr. Ruben Alarcon at the Modoc Biology Garden.



**Dr. Lauren Stokes, CI alumna and Psychology lecturer,** serves as the Director of Academic Support at UC Irvine, School of Medicine. Dr. Stokes' team recently celebrated their publication into the Journal of Medical Education and Curricular Development, which details her supervision and expansion of one of the largest medical education peer tutoring programs in the nation. Link to text can be found here: <https://pubmed.ncbi.nlm.nih.gov/37362582/>

Additionally, Dr. Lauren Stokes received the 2023 Outstanding Staff Service Award of the Year at the University of California, Irvine, School of Medicine. Pictured left: Dr. Lauren Stokes, Dr. Ryan Stokes, and their son, Yoshi Stokes.

## Collaborative Learning Communities With Medical Students as Teachers

Chenyi Yang\*, Konnor Davis\* , Michael Head, Nolan A. Huck, Tyler Irani , Andrew Ovakimyan , Aaron Frank, Andrew Cuyegkeng and Lauren Stokes

School of Medicine, University of California, Irvine, CA, USA.

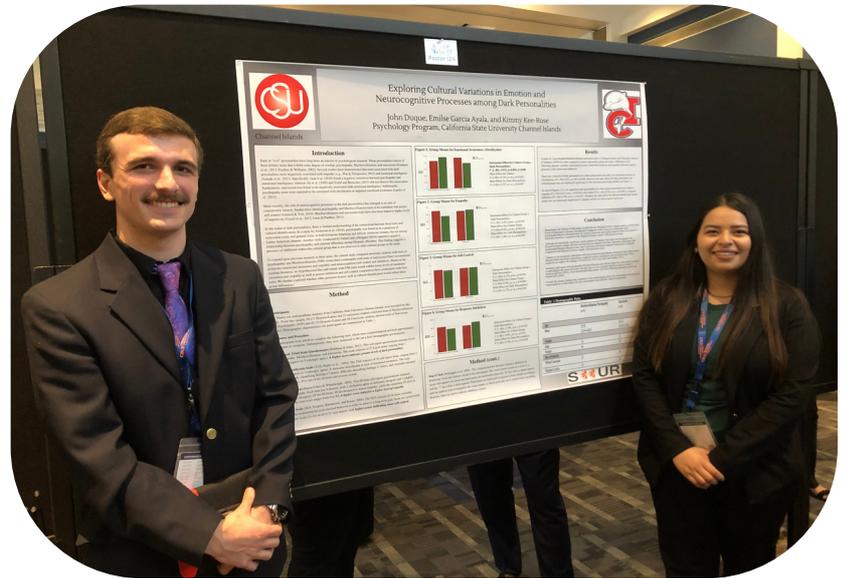
Journal of Medical Education and Curricular Development  
Volume 10: 1–10  
© The Author(s) 2023  
Article reuse guidelines:  
[sagepub.com/journals-permissions](https://sagepub.com/journals-permissions)  
DOI: 10.1177/23821205231183878



# Student & Faculty Accomplishments (Cont'd)



**Duque, J., Garcia Ayala, E., & Kee, K. Exploring Cultural Variations in Emotion and Neurocognitive Processes among Dark Personalities.** Presented at the Annual Southern California Conference of Undergraduate Research, California State University Fullerton, California, November 2023.



Health Psychology Open  
Volume 10, Issue 1, January-June 2023  
© The Author(s) 2023, Article Reuse Guidelines  
<https://doi.org/10.1177/20551029231179163>



*Report of empirical study*



**Do cognition and emotion matter? A study of COVID-19 vaccination decision-making in college students**

Nien-Tsu Nancy Chen <sup>1</sup>, Kimmy Kee<sup>2</sup>, Bianca T Villalobos<sup>3</sup>, Miriam Ortiz<sup>3</sup>, and HyeSun Lee<sup>2</sup>

**Drs. Kimmy Kee-Rose and HyeSun Lee recently co-authored a study titled, “Do Cognition and Emotion Matter? A study of COVID-19 vaccination decision-making in college students.”** The article was published by Sage Journals. You can read it here:

<https://doi.org/10.1177/20551029231179163>

## Spring 2024: Important Dates and Deadlines

Nov 7, 2023 Priority registration begins for Spring semester

Jan 20, 2024 First day of the semester

Jan 20, 2024 Saturday classes begin

Jan 22, 2024 Weekday classes begin





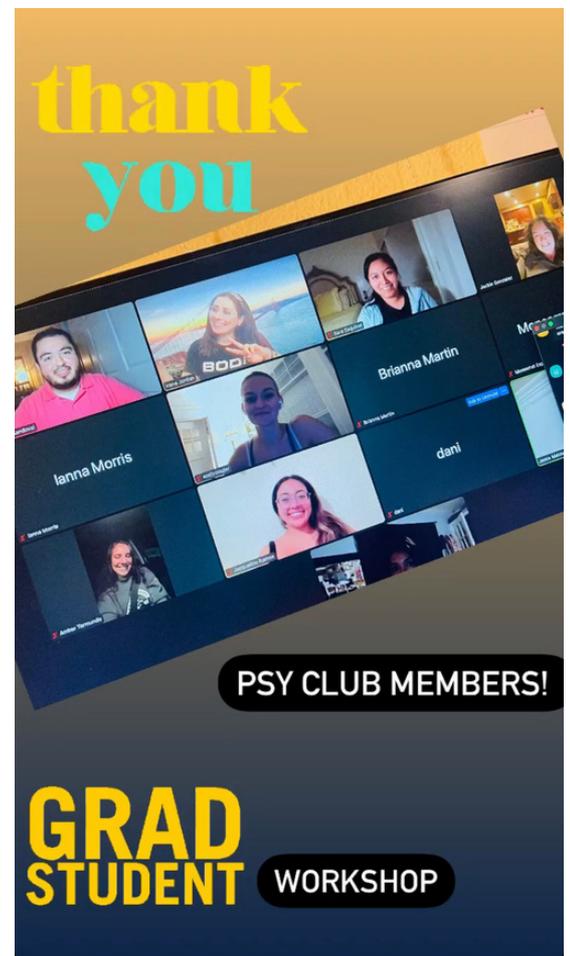
# Psychology Club

## Desteny Medina, Psychology Club President

As we entered the Fall semester, Psychology Club's mission was to create a community for psychology majors across campus. So far that mission has been completed through a variety of events held over Zoom every other week. Though online this semester, our meetings have been very unifying and consisted of Kahoot game nights and trivia nights, as well as opportunities for graduate school enrichment such as having a CSUCI alumni come in to speak about their experience in graduate school.

Our club has grown throughout the semester as we participated in club and major fairs on campus. We hope to continue building community amongst students at CI next semester by switching our online meetings to in-person. As we make our transition to in-person meetings we plan to host paint nights, arts and crafts sessions, as well as grad school prep. We also plan to present students with volunteer opportunities and host a fundraiser!

If you have any questions about the club, you may reach out to President Desteny Medina ([desteny.medina381@myci.csuci.edu](mailto:desteny.medina381@myci.csuci.edu)), Vice President Irene Jordan ([irene.jordan267@myci.csuci.edu](mailto:irene.jordan267@myci.csuci.edu)), or Treasurer Sara Esquivel ([sara.esquivel654@myci.csuci.edu](mailto:sara.esquivel654@myci.csuci.edu)). We cannot wait to meet all of you in person in the Spring!



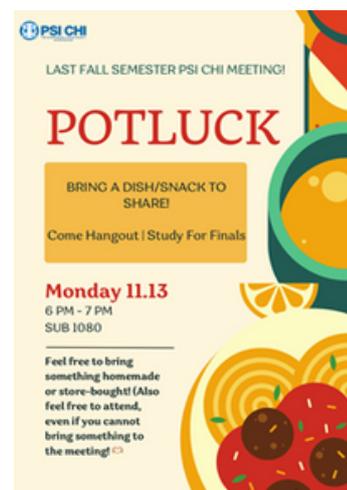
# Psi Chi Honor Society

Nycherie Hong, Psi Chi President

The Psi Chi International Honor Society in Psychology is the largest student psychological organization. The organization's lifetime membership includes international recognition for academic excellence, awards, and scholarships. At CI, our members connect with other psychology students and faculty by building social and professional networks.



During the fall semester, Dr. Zerr presented on "How to Write a Personal Statement" to the club and discussed applying to graduate programs. Psi Chi also invited CSUCI alumni and former Psi Chi officer, Christian Sandoval, to speak about his experiences at CI and pursuing his MFT at Pepperdine University. Most recently, the club hosted a meet and greet where students connected with faculty members from the Psychology department. Meetings are open to all students, regardless of membership status, so feel free to bring a friend and join us!



During the spring semester, we plan to host hybrid meetings on campus and/or via Zoom, giving students more opportunities to attend our events. Psi Chi hopes to continue to create a space where members learn and connect about the field.



Applications for Psi Chi are being accepted through January 31, 2024 for our Spring induction ceremony. Visit our website for details, including application instructions and eligibility requirements: <https://psych.csuci.edu/students/psichi.htm>

Please email the President, Nycherie Hong [nycherie.hong103@csuci.edu](mailto:nycherie.hong103@csuci.edu) to be added to our mailing list.



# Upcoming Research Conferences



## National Conference on Undergraduate Research (NCUR)

Long Beach, CA | April 2024

Submissions due Dec 8



## Association for Psychological Science (APS)

San Francisco, CA | May 2024

Submissions due Dec 13



## Western Psychological Association (WPA)

San Francisco, CA | April 2024

Submissions due Dec 18



## American Psychological Association (APA)

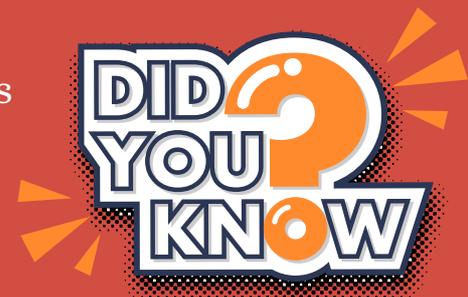
Seattle, WA | Aug 2024

Submissions due Jan 12

## Student Research Funding Available

CI students can apply for funding to support their research projects. The CI Student Research office offers funding to support travel to present at a research conference, and to purchase research materials and equipment. Visit the CI Student Research website for more information:

<https://www.csuci.edu/studentresearch/opportunities>



# Psychology Fall 2023 Poster Session



On Friday, December 1st, the **Psychology Program** was proud to present the **Fall 2023 Psychology Poster Session!** This event highlighted students' empirical studies conducted as culminating assignments in the PSY 301 course.



**PSYCHOLOGY**  
C H A N N E L  
I S L A N D S





## Summer 2024 Research Experience

The CSU Channel Islands Summer Research Experience at UC Santa Barbara provides mentored research experiences in all disciplines to CSU Channel Islands students who are seeking to gain experience and prepare for master's and doctoral programs at UC Santa Barbara or other UC campuses. This program targets talented and motivated students who can benefit from additional academic support and career development. It aims to foster and support students in scholarly research endeavors to help them achieve their personal and professional goals as undergraduates and to prepare them for their next challenge.

The CSU Channel Islands Summer Research Experience is part of the University of California's *Growing Our Own* initiative. It aims to build sustainable pathways for students from underrepresented groups to the professoriate in California and also help meet California's advance workforce needs outside of academia.

**Applications will be available on January 8, 2024.**

## Application Deadline for 2024 Summer Research Experience

**February 24, 2024 (11:59 p.m. Pacific Time)**

For questions regarding the CSU Channel Islands Summer Research Experience at UC Santa Barbara, please contact Dr. Carlos M. Nash at [cnash@ucsb.edu](mailto:cnash@ucsb.edu).

## Mentorship

Participants are matched individually with UCSB faculty and graduate student mentors who provide training and support fitted to the individual interests and academic goals of the scholar.

## Professional and Academic Development

Participants broaden their professional and academic experiences through workshops, Graduate Record Examination (GRE) training, and presentations to peers, staff, and academics.

## Financial Support

Participants are funded as part of their summer research experiences via summer stipend. Housing accommodations or an additional transportation stipend will be provided depending on participants' housing preferences.

## Research Experiences

Participants have an opportunity to engage in summer research experience as a fully funded scholar. They are provided with an excellent opportunity to explore their discipline, experience research, and improve their opportunities for future study in their chosen field.